

Service Definitions for Area Agencies on Aging Federal Fiscal Year 2023

Service Name	Service Definition	Service Unit and Description	Method of Service Provision	Reimbursement Methodology	SPR ⁱ and OAA ⁱⁱ Reporting Requirements	QPR ⁱⁱⁱ and LBB ^{iv} Reporting Requirements	Allowable Funds
Area Agency Administration	Activities to ensure the development and implementation of a comprehensive and coordinated system to serve older adults and family caregivers within the AAA's planning and service area.	NA	Directly by the AAA	NA	NA	NA	 Title III-B Title III-C1 Title III-C2 Title III-E State General Revenue
	Responsibilities include being the focal point for aging services; providing advocacy for older people in their service area; evaluating regional strengths and local resources; identifying service gaps, including people with the greatest economic and social need; developing and implementing an area plan based on the OAA; procuring services funded with federal and state funds; negotiating and managing contracts; reporting; reimbursement; accounting; auditing; monitoring; and quality assurance. (AAAPPM Section B-1010 and Section C-1010)						
Assisted Transportation	Assistance and transportation, including escort or other appropriate assistance, for a person who has difficulties (physical or cognitive) using regular vehicular transportation. This service does not include any other activity.	One, one-way trip Note: Each one-way trip from one location to another counts as a unit. For example, a 'roundtrip' is equal to two units of service.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit RateVariable Unit Rate	SPR • Unduplicated – Intake • Units - One, One- way trip	QPRUnitsUnduplicated persons count	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue

Care Coordination (Case Management)	A service to assess the needs of an older person and effectively plan, arrange, coordinate and follow up on services which most appropriately meet the identified needs as mutually defined by the older person, the access and assistance staff, and where appropriate, a family member(s) or other caregiver(s). A Consumer Needs Evaluation (CNE) is required. (AAAPPM Section D-1040)	Report partial hours to two decimal places, e.g. 0.25 hours. A unit is the time spent by staff, ora qualified designee, engaged in working with an eligible person. A unit of service does not include travel time, staff training, program publicity, or direct services other than care coordination. These items may be considered as "other expenses" under the reimbursement methodology.	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit Rate plus other expenses Fixed Unit Rate	 SPR "Case Management" Unduplicated – Intake Units – One hour of service OAA ADL/IADL CNE	 QPR Units Unduplicated persons count LBB Key Performance Measure Number of persons Cost per person 	 Title III-B Disaster Relief as approved by HHSC State General Revenue
Caregiver Counseling	A service designed to support caregivers to improve their emotional well-being and assist them in their decision-making and problem solving. Counselors must have appropriate education and experience in counseling and be licensed to practice in Texas. This service includes individual counseling or group sessions. Counseling is a separate function apart from support group activities or training.	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	 Cost Reimbursement Fixed Unit Rate 	SPR • Unduplicated – Intake • Relationship to Care Recipient • Units – One hour	QPR • Units • Unduplicated persons count	 Title III-E Title III-E ORCvi Title VII-EAPvii: Counseling to caregivers concerning elder abuse, neglect, and exploitation. Disaster Relief as approved by HHSC State General Revenue

Caregiver Information Services	A service that provides for the dissemination of accurate, timely and relevant caregiver related information through public group activities such as handing out publications, conducting group presentations, seminars, health fairs and mass media. Developing a resource library and other informational resources for use in the dissemination of caregiver information is a component of this service.	One Activity Note: Service units are for activities directed to a group of current or potential caregivers. Count only one activity for each event. If provided in a group meeting or an event such as a health fair, each person receives aservice; therefore, each eligible person is counted towards	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit Rate plus other expenses Cost Reimbursement	SPR • "Information Services" • Estimated Audience • Units – One activity	QPR • Units • Estimated Audience	Title III-E Title III-E ORC Title VII-EAP: Information for caregivers concerning elder abuse, neglect, and exploitation. Disaster Relief as approved by HHSC State General Revenue
Caregiver Support Coordination (Caregiver Case Management)	An ongoing service provided to a caregiver to assess the needs of a caregiver to effectively plan, arrange, coordinate and follow up on services which most appropriately meet the identified needs of the caregiver, as mutually defined by the caregiver, the care recipient, and the access and assistance staff. A Form 2270, Caregiver Intake, is required. (AAAPPM Section D-1030) A Caregiver Assessment is required. (AAAPPM Section D-1050)	the estimated audience. Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours. A unit is defined as the time, which is spent by the caregiver specialist, or qualified designee, engaged in working with an eligible caregiver. A unit of service does not include travel time, staff training, program publicity or direct services other than caregiver support coordination. These items may be considered as "other expenses" under the reimbursement methodology.	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit Rate plus other expenses Fixed Unit Rate	SPR • "Access Assistance" • Estimated Unduplicated Caregivers • Relationship to Care Recipient • Units – One hour	QPR • Units • Unduplicated persons count – Intake	Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue

Caregiver Support Groups	A service to facilitate caregivers to discuss their common experiences and concerns and develop a mutual support system. Support groups are typically held on a regularly scheduled basis and may be conducted in person, over the phone, or online.	A session A session is typically 30 minutes toone hour.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost ReimbursementFixed Unit Rate	SPR • Units - Sessions	QPR • Units • Estimated Audience	 Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
	Support groups are led by a trained person, moderator or professional licensed to practice in Texas, such as a social worker, counselor or therapist.						
	This service does not include "caregiver education groups," "peer-to-peer support groups," or other groups primarily aimed at teaching skills or meeting on an informal basis without a						
	facilitator who possesses training or the required credentials.						
Caregiver Training	A service that provides family caregivers with instruction to improve knowledge and performance of specific skills relating to their caregiving roles and responsibilities. Skills may include activities related to health, nutrition, and financial management, providing personal care, and communicating with health care providers and other family members. Training may include the use of evidence-based programs, be conducted in-person or online, and be provided in individual or group settings.	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator	Cost Reimbursement Fixed Unit Rate	SPR • Unduplicated – Intake • Units – One hour • Relationship to Care Recipient	QPR • Units • Unduplicated persons count	Title III-E Title III-E ORC Title VII-EAP: Training for caregivers concerning elder abuse, neglect, and exploitation. Disaster Relief as approved by HHSC State General Revenue

Chore Maintenance	A service to perform heavy household tasks which an older person is not able to perform on their own, such as heavy cleaning (e.g., scrubbing floors, washing walls, or washing windows inside and outside), moving heavy furniture or maintenance such as yard or sidewalk maintenance. A CNE is required. (AAAPPM Section D-1040)	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	 Authorized by a care coordinator for purchase through a contractor Authorized by a care coordinator through a delegated purchase 	Variable Unit Rate	SPR "Chore" Unduplicated – Intake Units – One hour of service OAA ADL/IADL CNE	QPRUnitsUnduplicated persons count	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
Congregate Meals	A hot or other appropriate meal served to an older person who is eligible in a congregate setting. (AAAPPM Chapter F) A Nutritional Risk Assessment is required. (AAAPPM D-1060)	One Meal	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator Authorized through Data Management if requirements are met (Reference AAA-PI 312 Data Management Guide) 	Fixed Unit Rate per Meal served	SPR "Congregate Meal" Unduplicated – Intake Number of unduplicated at high nutritional risk Nutrition Risk Assessment Units – One meal	QPR Units Unduplicated persons count LBB Key Performance Measure Number of units Cost per unit	 Title III-C1 Disaster Relief as approved by HHSC State General Revenue NSIP [Note: NSIP to be used for the purchase of food only. No units should be applied to NSIP funding.]

Data Management	Activities directly related to data entry and reporting for services not directly provided by the AAA. Includes activities directly related to the direct purchase of service, service authorization and document verification to support the provision, tracking and reporting of congregate meals, home delivered meals and transportation services. Also includes the validation of complete and accurate data in the HHS statewide system and report preparation by AAA staff in support of the annual SPR and the QPR. Reference AAA-PI 312 Data Management Guide	NA	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	• Cost Reimbursement	NA	NA	 Title III-B Title III-C1 Title III-C2 Title III-E Disaster Relief as approved by HHSC State General Revenue
Day Activity and Health Services	Services provided in a congregate, non-residential setting for an older person who needs supervision but does not require institutionalization. Services may include any combination of social and recreational activities, health maintenance, transportation, meals and other supportive services. A CNE is required. (AAAPPM Section D-1040)	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	Only authorized by a care coordinator	Fixed Unit Rate	SPR • "Adult Day Care/Health" • Unduplicated – Intake • Units – One day of service OAA • ADL/IADL CNE	QPR • Units – A Day • Unduplicated persons count	 Title III-B Disaster Relief as approved by HHSC State General Revenue

Emergency	Services for an older person who is	One Month of ERS service	Only authorized by a care	Fixed Unit Rate	NA	QPR	Title III-B
Response	homebound or frail to establish an		coordinator	plus		• Units	Title III-E
Response	automatic monitoring system which links to emergency medical services when the person's life or safety is in jeopardy. Emergency Response System (ERS) services include the installation of the individual monitoringunit, key lockbox, training associated with the use of the system, periodic checking to ensure that the unit is functioning properly, equipment maintenance	Report one unit for each month ofservice if an older person receivedservices at any time during the month. If an installation fee is charged, a separate unit rate may be established for this charge.	coordinator	other expenses		Unduplicated persons count - Intake	 Disaster Relief as approved by HHSC State General Revenue
	calls, response to an emergency call by a medical professional, paraprofessional or volunteer, and follow up with the older person. A CNE is required. (AAAPPM Section D-1040)						

Evidence Based	Activities related to the prevention and	One Contact	By a subrecipient of the	Fixed Unit Rate	NA	QPR	Title III-B
Intervention	mitigation of the effects of chronic	one contact	AAA	• Cost		• Units	Title III-D [Note: Only
(Health	disease (including osteoporosis,	Record one contact each	By a contractor of the	Reimbursement		Unduplicated	activities and
Promotion)	hypertension, obesity, diabetes, and	time anolder person	AAA, as authorized by a	Reimbursement		persons count -	expenditures directly
	cardiovascular disease), infectious disease, vaccine-preventable disease, prevention of sexually transmitted diseases, as well as alcohol and	participates in an activity	-			Intake	related to specific
		that is a component of an	care coordinator			intuke	approved programs.
		evidence-based					Caregivers under age 60
	substance abuse reduction, chronic pain	interventionprogram.					may not receive
	management, smoking cessation, weight	·					evidence-based services
	loss and control, stress management,						using Title III-D funds.]
	falls prevention, physical activity and						Title III-E [Note:
	improved nutrition.						Including services to
	Activities must meet the Administration						caregivers under 60 if
	for Community Living (ACL)'s definition						Title III-E eligibility
	for an evidence-based program.						requirements are met.]
							Title III-E ORC
	Provides for the						State General Revenue
	implementation of evidence-based						5 State General Nevenue
	programs to improve health and well						
	being and reduce disease and injury. Evidence-Based Programs must meet all						
	of the following:						
	be demonstrated through evaluation						
	to be effective for improving the						
	health and well-being or reducing						
	disease, disability, injury or both,						
	among older adults;						
	 be proven effective with older adult population, using 						
	Experimental or Quasi-						
	Experimental Design;						
	 be published in peer-review journal; 						
	be fully translated in one or more						
	community site(s); and						
	include developed dissemination						
	products that are available to the						
	public.						
	Activities and expenditures directly						
	related to an evidence-based						
	intervention program:						
	Procurement of training services or						

mandatory materials needed to				
implement specific Evidence Based				
Intervention (EBI) groups, sessions or				
classes				
Training of AAA staff or volunteers to				
effectively implement specific EBI				
groups, sessions or classes				
Publicity related to events to promote				
specific EBI groups, sessions or classes				
AAA staff time, travel, and materials				
needed to conduct specific EBI				
groups, sessions or classes				
Procurement, printing or copying of				
materials mandatory to implement				
specific EBI groups, sessions or				
classes				
Other expenses which are required to				
ensure and maintain the fidelity of EBI				
programs. Fidelity is defined as the				
commitment by the organization to				
fully implement the program with				
integrity to its original design and how				
the delivery of an intervention faithfully				
follows the outline and content of the				
program as specified in the program				
materials (per NCOA website's				
"Offering Evidence-Based Programs").				
Reference AAA-PI 309 Health				
Promotion Services				
		1	1	

				,		<u></u>	
Health	Services that include one or more of the	One Contact	 Authorized by a care 	Variable Unit Rate	NA	QPR	Title III-B
Maintenance	following activities:		coordinator for purchase			• Units	Title III-E
(Health	Medical treatment by a	Record one contact each	through a contractor			 Unduplicated 	Title III-E ORC
Promotion)	healthprofessional	time anolder person	Authorized by a care			persons count –	Disaster Relief as
	Health education and counseling	receives a health service as	coordinator through a			Intake	approved by HHSC
	services for persons or groups about lifestyles and daily activities.	described.	delegated purchase				State General Revenue
	Activities may include, but are not						
	limited to:						
	o Art and dance – movement therapy						
	o Programs in prevention or reduction						
	of the effects of chronic disabling						
	conditions						
	o Alcohol and substance abuse						
	o Smoking cessation						
	o Weight loss and control						
	o Stress management						
	Home health services include, but are						
	not limited to, nursing, physical						
	therapy, speech or occupational						
	therapyProvision of medications, nutritional						
	supplements, glasses, dentures, hearing						
	aids or other devices necessary to						
	promote or maintain the health or						
	safety of the older person.						
	Note: Also includes the provision of						
	dosage alert systems and the purchase						
	of software, technical support, and						
	materials that connect an eligible older person to free or reduced cost						
	prescription medication services.						
	Reference AAA-PI 309 Health Promotion						
	Services and AAA-TA 06-09 Unit of Health						
	Maintenance]					

11 a a l ta la	A stiritains to propose the clavel of large	One Contest	December distant (C)	a Maniahla Huit	L NIA	ODD	a Tidle III D
Health	Activities to assess the level of health	One Contact	By a subrecipient of the	Variable Unit	NA	QPR	• Title III-B
Screening and	and wellness of an older person and		AAA	Rate		• Units	Disaster Relief as
Monitoring (Health		Record one contact each time	By a contractor of the			 Estimated persons 	approved by HHSC
Promotion)	aware of health services available	anolder person receives a	AAA, as authorized by a			count	State General Revenue
	in their community for	separate health screening or	care coordinator				
	appropriate follow-up care.	monitoring service.					
	Services may be provided in	monitoring service.	 Authorized by a care 				
	senior centers, nutrition sites,		coordinator through a				
	health fairs or other community		delegated purchase				
	settings or in a person's home.						
	Activities may include						
	the following:						
	Blood pressure						
	Hearing						
	Vision						
	Dental						
	Podiatry						
	Nutritional status						
	Blood tests						
	Urinalysis						
	Home injury control safety						
	Depression						
	Oral Health						
	Mental and Behavioral Health						
	Falls Prevention						
	Reference AAA-PI 309 Health Promotion						
	<u>Services</u>						

HICAPviii	Counseling or representation services	One Contact	Directly by the AAA	• Cost	NA	QPR	HICAP (SHIP Basic)
Assistance	provided by a non-lawyer such as a		By a subrecipient of the	Reimbursement		• Expenditures	
	certified benefits counselor, where	Contacts may be conducted	AAA				
	permitted by law, to Medicare	over the phone, in person (on	By a contractor of the				
	beneficiaries, family members,	site), in person (at home), or	AAA, as authorized by a				
	caregivers or others working on behalf of an eligible person. An eligible personis one of the following:	through mail,e-mail, fax, web-	certified benefits				
		based one-on-onechat sessions	counselor				
	A Medicare beneficiary	(where technology permits) or	Counscion				
	A new to Medicare enrollee	video based real time					
	A dually eligible (Medicare and	interactions over the web.					
	Medicaid) beneficiary	Note: Postal mail, email or fax					
	A Medicare beneficiary who	tobe selected when this is the					
	is disabled as determined by	only means of contact with the					
	Social Security Administration	beneficiary.					
	criteria	If receiving ACL HICAP funds,					
	 A person assisting a Medicare 	contacts must be reported					
	beneficiary and the person receives	through the Beneficiary Contact					
	assistance related to a Medicare or	Form (BCF) for allowable ACL					
	State Health Insurance Assistance	services. The BCF also requires					
	Program (SHIP) topic or both.	•					
	Assistance includes all contacts for	reporting of total time spent with aperson per day.					
	the purpose of relaying Medicare and	with aperson per day.					
	SHIP related information between a						
	counselor and an eligible person.						
	SHIP Assistance activities include the						
	following:						
	Advice or Counseling: A						
	recommendation involving						
	Medicare benefits and related						
	topics made to an eligible person regarding a course of conduct, or						
	how to proceed in a matter, given						
	either on a brief or one-time basis,						
	or on an ongoing basis. May be						
	given by phone or in person.						
	• Document Preparation: One-on-						
	oneassistance given to an eligible						
	person which helps in the						
	preparation of documents related						
	to Medicare and SHIP-related						
	public entitlements, or health and					<u> </u>	

long-term care insurance.			
Representation: Advocacy on behalf			
ofan eligible person in protesting or			
complaining about a procedure or			
seeking special considerations by			
appealing an administrative decision			
related to Medicare benefits.			

HICAP Outreach	A service that provides for the	One Contact	Directly by the AAA	• Cost	NA	QPR	HICAP (SHIP Basic)
	dissemination of accurate, timely, and relevant information, eligibility criteria, requirements, and procedures to Medicare beneficiaries and other target audiences about Medicare, public entitlements when related to lowincome assistance for healthcare affordability, health and long-term care insurance, individual beneficiary rights, and health insurance planning and protection options. Education and outreach initiatives that include the dissemination of information through mass media may be budgeted.	One contact is one outreach activity with the estimated numberof attendees recorded. The Group and Media (GAM) form also requires reporting of total time spent on the event. Units generated under these activities must be reported using the GAM form. If a GAM event results in a benefits counselor providing HICAPAssistance to a person, a BCF must also be completed.	 By a subrecipient of the AAA By a contractor of the AAA as authorized by a 	Reimbursement		• Expenditures	
	 A group outreach activity includes: An interactive presentation to the public either in-person or via electronic means, such as video conference, webinar, or teleconference; A booth or exhibit at a conference, or other public event, such as a health fair, senior fair, or community event; or An enrollment event. 						
	A media outreach activity is one where general program or Medicare information is shared through a type of media which may include: • billboard; • mass email; • social media; • website; • magazine, newspaper, newsletter, radio, television; or • printed information distributed						
	through direct mail or by placement in local offices, libraries, or partner locations.						

Home Delivered	Hot, cold, frozen, dried, canned, fresh	One Meal	By a subrecipient of the	Fixed Unit Rate	SPR	QPR	Title III-C2
Meals	or supplemental food (with a		AAA	per Meal served	"Home-Delivered	• Units	Title III-E
	satisfactory storage life) delivered to		By a contractor of the		Meal"	 Unduplicated 	Disaster Relief as
	a person who is eligible in their place		AAA, as authorized by a		Number of	persons count	approved by HHSC
	of residence. (AAAPPM Chapter F;		care coordinator		unduplicated at		State General Revenue
	Section <u>D-1040</u> and Section <u>D-1070</u>).		Authorized through Data		high nutritional risk	LBB	NSIP [Note: NSIP to be
			Management if		Nutrition Risk	Key Performance	used for the purchase
	A CNE is required. (AAAPPM		requirements are met		Assessment	Measure	of food only. No units
	Section <u>D-1040</u>)		(Reference AAA-PI 312		Unduplicated –	Number of Units	should be applied to
			Data Management Guide)		Intake	Cost per Unit	NSIP funding.]
	A Nutritional Risk Assessment is				• Units – One meal		
	required. (AAAPPM <u>D-1060</u>)						
					OAA		
	For participants receiving multiple				ADL/IADL CNE with		
	meals in one delivery, a				score 20 or		
	Determination of Type of Meal is				greater, regardless		
	required. (AAAPPM <u>D-1070</u>)				of age		

Homemaker	Services provided by trained and supervised homemakers involving the performance of light housekeeping tasks and home management. Activities may include the performance of light housekeeping, home management, meal	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	Only authorized by a care coordinator	• Fixed Unit Rate	SPR • "Homemaker" • Unduplicated – Intake • Units – One hour OAA • ADL/IADL CNE	 QPR Units Unduplicated persons count LBB Key Performance Measure	 Title III-B Disaster Relief as approved by HHSC State General Revenue
	preparation, escort tasks, and shopping assistance. The objective is to help the older person sustain independent living in a safe and healthful home environment. A CNE is required. (AAAPPM Section D-1040)					Number of PersonsCost per Person	
Homemaker - Voucher	A service provided through the consumer directed services option whereby an individual provider is chosen by the older person. Activities may include the performance of light housekeeping, home management, meal preparation, escort tasks, and shopping assistance, provided for an older person who requires assistance with these activities in their place of residence. The objective is to help the older person sustain independent living in a safe and healthful home environment. A CNE is required. (AAAPPM Section D-1040)	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	Only authorized by a care coordinator	• Cost Reimbursement	SPR • "Homemaker" • Unduplicated – Intake • Units – One hour OAA • ADL/IADL CNE	QPR • Units • Unduplicated persons count	 Title III-B Disaster Relief as approved by HHSC State General Revenue

Income Support	Assistance in the form of a payment to a third-party provider for services or goods that support the basic needs of the person, on behalf of an older personor their caregiver.	One Contact The definition of the contact is a single payment to a provider on behalf of the older person or their caregiver.	 Authorized by a care coordinator for purchase through a contractor Authorized by a care coordinator through a delegated purchase 	Variable Unit Rate	NA	QPR • Units • Unduplicated persons count - Intake	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC Housing Bond State General Revenue
Information, Referral and Assistance	A service that includes: assessing a person's needs and appropriate response modes; evaluating appropriate resources; identifying organizations capable of meeting those needs; providing enough information about each organization to help inquirers make an informed choice; locating alternative resources when services are unavailable; and when necessary, participating in linking the person to needed services and following up on referrals to ensure the service was provided. Completion of Form 2276, Intake, is not	One Contact Count one contact for every communication with or on behalf of an eligible person, regardless of the type of contact (initial, follow-up, accessing services). Count only the initial inquiry during a reporting month from an older person, caregiver ora person calling on behalf of an older person or caregiver.	Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator	Fixed Unit Rate Cost Reimbursement	SPR • "Information and Assistance" • Units – One contact • If funded by Title III-E, must have "Estimated Unduplicated Caregivers" • If funded by Title III-E ORC must have "Estimated Unduplicated Older Relative Caregivers"	QPR • Units • Estimated persons count (Initial Inquiry)	Title III-B Title III-E Title III-E ORC Title VII-EAP: Information, referral and assistance concerning elder abuse, neglect, and exploitation. Disaster Relief as approved by HHSC State General Revenue
Instruction and Training	required. (AAAPPM <u>D-1020</u>) Services that provide experience or knowledge to people or professionals working with older people to acquire skills in formal or informal individual orgroup settings.	One Contact Each eligible person in a training session is counted as one contact.	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost Reimbursement	NA	QPR • Units • Estimated persons count	Title III-B Title VII-EAP: Instruction and training concerning elder abuse, neglect, and exploitation. State General Revenue

Legal Awareness (Legal Outreach)	A service that provides for the dissemination of accurate, timely, and relevant information, eligibility criteria, requirements, and procedures to an older person about public entitlements, health and long-term care services, individual rights, planning and protection options, and housing and consumer needs.	One Contact If provided in a group meeting or an event such as a health fair, each person receives a service; therefore, each eligible person is counted as one contact.	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost Reimbursement	NA	QPR • Units • Estimated persons count	 Title III-B Title VII-EAP: Legal awareness concerning elder abuse, neglect, and exploitation. Disaster Relief as approved by HHSC State General Revenue
Mental Health Services (Health Promotion)	Assessment by a mental health professional to determine a need for mental health service(s) (diagnosis or screening) or the provision of services to support and improve the emotional well-being of a person. Mental health services shall be provided for a person who has mental health, emotional or socialization needs. The person may require support services, treatment and additional referrals to address these needs. Such support services may include education, prevention, screening, referral and intervention. Reference AAA-PI 309 Health Promotion Services	One Contact	Only authorized by a care coordinator	Variable Unit Rate	NA	QPR • Units • Unduplicated persons count - Intake	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue

MIPPA ^{ix} Outreach and Assistance	A service that provides for the dissemination of accurate, timely, and relevant information, eligibility criteria, requirements, and procedures to current or prospective Medicare beneficiaries and their caregivers specifically regarding Medicare Savings Programs (MSP), Low-Income Subsidy (LIS) and Medicare Preventive Benefits. Contacts generated under these activities must be reported using a BCF or the GAM form. A BCF is entered when a person receives application assistance and the completed application is submitted in the same contact. Providing information or services	One Contact Provided for one person through application assistance and submission, resulting in a BCF; or to a group of people receiving general education and awareness, resulting in a GAM. If provided in a group meeting or an event such as a health fair, eacheligible person is counted as one contact.	 Directly by the AAA By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	• Cost Reimbursement • Cost	NA	QPR • Expenditures	MIPPA Priority Two (AAA) Title III-C1
Consultation	related to nutrition by a licensed dietitian or other qualified person to a AAA or nutrition provider. Such services do not include the AAA responsibilities for monitoring.		to the AAA or the AAA's nutrition provider	Reimbursement			Title III-C2State General Revenue
Nutrition Counseling	Providing personalized advice or guidance about options and methods for improving nutritional status performed one-on-one by a registered dietitian to an older person at nutritional risk due to health or nutritional history, dietary intake, medications, or chronic illness. (AAAPPM Section F-1340)	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit Rate	 SPR "Nutrition Counseling" Number of unduplicated at high nutritional risk Nutrition Risk Assessment Unduplicated — Intake 	QPR • Units • Unduplicated persons count	Title III-C1 Title III-C2 State General Revenue
	A Nutritional Risk Assessment is required. (AAAPPM <u>F-1320</u>)				Units – One hour per person		

Nutrition Education	The provision of information to an older person to promote nutritional well-being and to delay the onset of adversehealth conditions resulting from poor nutritional health or sedentary behavior.	One Session per person A session is counted for each eligible person attending a nutrition education session which may be conducted in a group or	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Fixed Unit Rate	SPR • "Nutrition Education" • Units – One session per person	QPR • Units • Estimated persons count	Title III-C1Title III-C2State General Revenue
	All material must be developed and approved by a dietician or person with equivalent education and training. (AAAPPM Section F-1330)	one-on-one.					
Ombudsman	Services to protect the health, safety, welfare, and rights of residents of nursing facilities and assisted living facilities, including identifying, investigating, and resolving complaints that are made by, or on behalf of, residents. (Older Americans Act, Section 712)	NA	 Directly by a certified ombudsman of a local ombudsman entity within the AAA By a certified ombudsman of a local ombudsman entity housed within a subrecipient of the AAA 	• Cost Reimbursement	NA	LBB Key Performance Measure Number of active Certified Ombudsman	 Title III-B Title VII-EAP: Services concerning elder abuse, neglect and exploitation. Title VII-OM^x Disaster Relief as approved by HHSC State General Revenue OMB ALF^{xi}
Outreach	to encourage them to use OAA services and benefits. Note: Does not include legal outreach.	One Contact Individual, one-on-one contact between the AAA and an older person or caregiver.	Directly by the AAA	 Cost Reimbursement Fixed Unit Rate 	SPR • Units – One Contact • Unduplicated persons	QPR • Units • Unduplicated persons count	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
	Also reference Legal Awareness; HICAP Outreach; and MIPPA Outreach and Assistance.						

Participant Assessment – Access and Assistance	Activities directly related to the initial assessment and required reassessment of an older person for supportive services provided directly by a AAA . This service includes the completion of all the forms necessary to determine eligibility, which include: Caregiver Assessment (AAAPPM D-1050) Caregiver Intake (AAAPPM D-1030) CNE (AAAPPM D-1040) Intake (AAAPPM D-1020)	One Contact One complete assessment or reassessment is onecontact.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	 Fixed Unit Rate plus other expenses Fixed Unit Rate 	NA	QPR • Units • Unduplicated persons count - Intake	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
Participant Assessment – Nutrition Services	Activities directly related to the initial assessment and required reassessment of a person for congregate and home delivered meals. (AAAPPM Section F-1320 and Section D-1060) This service includes the completion of all the forms necessary to determine eligibility, which include: • Caregiver Intake (AAAPPM D-1030) • CNE (AAAPPM D-1040) • Determination of Type of Meal (D-1070) • Intake (AAAPPM D-1020) • Nutritional Risk Assessment (AAAPPM D-1060)	One Contact One complete assessment or reassessment is one contact.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator Authorized through Data Management if requirements are met (Reference AAA-PI 312 Data Management Guide) 	• Fixed Unit Rate	NA	QPR • Units • Unduplicated persons count - Intake	 Title III-C1 Title III-E (Home Delivered Meals only) Disaster Relief as approved by HHSC State General Revenue
Personal Assistance	Services to assist an older person who has difficulty performing a minimum of two activities of daily living as identifiedin the assessment process, with tasks a person would typically perform if they were able. This includes assistance in allactivities of daily living and health-related tasks. A CNE is required. (AAAPPM Section D-1040)	Hour(s) Report partial hours to two decimal places, e.g. 0.25 hours. Does not include travel time, unless it is directly related to theolder person's care plan.	Only authorized by a care coordinator	• Fixed Unit Rate	SPR • "Personal Care" • Unduplicated – Intake • Units – One hour OAA • ADL/IADL CNE	QPR • Units • Unduplicated persons count LBB • Non-Key Performance Measure	 Title III-B Disaster Relief as approved by HHSC State General Revenue

Physical Fitness (Health Promotion)	Physical activities that sustain or improve physical and mental health. This may include exercise to increase endurance (e.g., cardiovascular and muscular), strength, flexibility, balance, or coordination and agility. Reference AAA-PI 309 Health Promotion Services	One Contact Each eligible person in a physicalfitness session is counted as onecontact.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost Reimbursement	NA	QPR • Units • Estimated persons count	 Title III-B Title III-E Title III-E ORC State General Revenue
Public Information Services	A service that provides information to groups of current and potential participants on the resources and services available for older adults in their communities. Activities include providing information at senior fairs, handing out publications and answering questions, and initiating targeted mass media campaigns, including targeted internet websites. Unlike Information and Assistance, this service is not tailored to the specific needs of the person.	One Activity An activity initiated by the AAA that involves contact with multiple current or potential participants (e.g., publications, publicity campaigns and other mass media activities).	Directly by the AAA	Cost Reimbursement Fixed Unit Rate	SPR • Units – One activity • Estimated Audience	QPR • Units • Estimated persons count	 Title III-B Disaster Relief as approved by HHSC State General Revenue
Recreation (Health Promotion)	Activities, such as sports, performing arts, games, and crafts, where an older person participates as a spectator or performer, and which are facilitated by a provider. Reference AAA-PI 309 Health Promotion Services	One Contact Each eligible person in a recreationactivity is counted as one contact.	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost Reimbursement	NA	QPR • Units • Estimated persons count	 Title III-B Title III-E Title III-E ORC State General Revenue
Residential Repair	Services consisting of repairs or	One unduplicated dwelling unit occupied by an older person	Authorized by a care	Variable Unit Rate	NA	QPR	Title III-B

	modifications of a dwelling occupied by an older person that are essential for the health and safety of the older person. A CNE is required. (AAAPPM Section D-1040)	A unit of service includes all the services committed to repairing and modifying one unit in one program year, not to exceed a total of \$5,000. Note: Caregivers may serve more than one care recipient, resulting in more units of	coordinator for purchase through a contractor Exception: Appliances only - may be purchased via a delegated purchase, with a threshold of \$3,000. Any purchase over this amount requires written approval.			 Units Unduplicated persons count – Intake LBB Non-Key Performance Measure 	 Title III-E Title III-E ORC Disaster Relief as approved by HHSC Housing Bond [Note: Housing Bond funds must be used to expand service capacity. Home repairs or modifications cannot exceed \$2,500 per dwelling. Reference
		service than the number of unduplicated persons.					Scope of Services Related to Housing Bonds in the AAA contract.] • State General Revenue
Respite In Home	Temporary services for an eligible dependent care recipient for the	Hour(s)	Only authorized by a care	Fixed Unit Rate	SPR • "Respite Care"	QPR • Units	• Title III-E
nome	reliefof a caregiver provided in the	Report partial hours to two	coordinator		Vinduplicated —	Unduplicated	Title III-E ORC Dissetter Policefore
	eligible caregiver's home or the	decimal places, e.g. 0.25			• Onduplicated – Intake	persons count	Disaster Relief as
	home of the care recipient on a	hours.			Units – One hour of	persons count	approved by HHSC
	short term, temporary basis while	nours.					State General Revenue
	the primary caregiver is unavailable				service		
	or needs relief. In addition to				Relationship to		
	supervision, services may include meal preparation, housekeeping,				Care Recipient		
	assistance with personal care, and						
	social and recreational activities.				OAA		
	An eligible older Care Recipient must:				ADL/IADL CNE		
	• be unable to perform a minimum						
	of two activities of daily living						
	identified through the CNE; or						
	require substantial supervision due						
	to a cognitive or other mental						
	impairment which causes them to behave in a manner that poses a						
	serious health or safety hazard to						
	themselves or to another person.						
	A CNE is required. (AAAPPMSection						
	<u>D-1040</u>)						

Respite Out of	Temporary respite services provided in	Hour(s)	By a contractor, as	Fixed Unit Rate	SPR	QPR	Title III-E
Home	settings other than the caregiver or		authorized by a care		"Respite Care"	• Units	Title III-E ORC
	carerecipient's home, including	Report partial hours to two	coordinator		Unduplicated –	Unduplicated	Disaster Relief as
	activity and health services facility,	decimal places, e.g. 0.25			Intake	persons count	approved by HHSC
	senior center or other non-residential	hours.			• Units – One hour of		State General Revenue
	setting (or, in the case of older				service		
	relatives raising children, day camps), that allows the caregiver time away to				Relationship to		
	do other activities and where an				Care Recipient		
	overnight stay does not occur.				care recipient		
	, , , , , , , , , , , , , , , , , , ,				OAA		
	An eligible older Care Recipient must:						
	be unable to perform a minimum				ADL/IADL CNE		
	oftwo activities of daily living						
	identified through the CNE or						
	• require substantial supervision due						
	toa cognitive or other mental						
	impairment which causes them to						
	behave in a manner that poses a						
	serious health or safety hazard to						
	themselves or to another person.						
	A CNE is required. (AAAPPM Section						
	<u>D-1040</u>)						

Respite Out of	Temporary respite services provided in	Hour(s)	Only authorized by a care	Fixed Unit Rate	SPR	QPR	Title III-E
Home,	residential settings such as nursing		coordinator		"Respite Care"	• Units	Title III-E ORC
Overnight	homes, assisted living facilities, and	Report partial hours to two			 Unduplicated – 	 Unduplicated 	Disaster Relief as
	adult foster homes (or, in the case of	decimal places, e.g. 0.25			Intake	persons count	approved by HHSC
	older relatives raising children, summer	hours.			• Units – One hour of		State General Revenue
	camps), in which the care receiver				service		
	resides in the facility (on a temporary basis) for a full 24-hour period of time.				Relationship to		
	basis) for a full 24-flour period of time.				Care Recipient		
	The service provides the caregiver with				OAA		
	time away to do other activities.				ADL/IADL CNE		
	,				• ADL/IADL CNE		
	An eligible older Care Recipient must:						
	• be unable to perform a minimum of two						
	activities of daily living identified						
	through the CNE; or						
	• require substantial supervision due to a						
	cognitive or other mental impairment						
	which causes them to behave in a						
	manner that poses a serious health or safety hazard to themselves or to						
	another person.						
	A CNE is required. (AAAPPM						
	Section <u>D-1040</u>)						

Respite - Voucher	A service provided through the consumer directed service option which allows the caregiver to choose an individual provider for the following types of respite care: Respite In Home; Respite Out of Home – Overnight; and Respite Out of Home. Services are provided on an intermittent or temporary basis while the primary caregiver is unavailable or needs temporary relief. An eligible older Care Recipient must: be unable to perform a minimum of two activities of daily living identified through the CNE; or requires substantial supervision due to a cognitive or other mental impairment which causes the care recipient to behave in a manner that	Report partial hours to two decimal places, e.g. 0.25 hours. A unit is defined as one hour of Respite In Home, Respite Out ofHome, or Respite Out of Home, Overnight.	Only authorized by a care coordinator	• Cost Reimbursement	SPR • "Respite Care" • Unduplicated – Intake • Units – One hour of service OAA • ADL/IADL CNE	QPR • Units • Unduplicated persons count	 Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
Senior Center Operations	1	NA	 By a subrecipient of the AAA By a contractor of the 	• Cost Reimbursement	NA	NA	 Title III-B Disaster Relief as approved by HHSC
	take part in activities which will enhance their quality of life, support their independence, and encourage their continued involvement in and with the community.		AAA, as authorized by a care coordinator				State General Revenue

Social Reassurance	Providing regular contact and companionship for an older person by means of phone calls, texting, video chatting or instant messaging; and	or an older person by calls, texting, video of the messaging; and ry actions in the event cannot be reached by ng, video chatting or	 By a subrecipient of the AAA By a contractor of the AAA, as authorized by a care coordinator 	Cost Reimbursement Fixed Unit Rate	NA	QPRUnitsUnduplicated persons count - Intake	 Title III-B Title III-E Title III-E ORC Disaster Relief as approved by HHSC State General Revenue
	initiating necessary actions in the event the older person cannot be reached by phone calls, texting, video chatting or instant messaging.						
Special Initiative	As approved by HHSC, special activities or services, which do not fall under any other approved service definition, provided by the AAA to meet the needs of eligible people. Appropriate guidance will be provided by HHSC as needed. A Special Initiative does not include a request for Capital Equipment or Controlled Assets (CE/CA). CE/CA requests must be submitted following HHSC established processes.	NA	Only as approved by HHSC	Cost Reimbursement	SPR NA; supportive service	As identified in HHSC guidance	As identified in notification of funds available

Transportation	Services that provide or arrange for	One, one-way trip	By a subrecipient of the	Fixed Unit Rate	SPR	QPR	Title III-B
Transportation	taking an older person from one location	on	AAA	Public	• "Transportation"	• Units	• Title III-E
	to another. Does not include any other				-	UnitsUnduplicated	
	activity.		By a contractor of the	transportation	• Units – One, one-	•	Title III-E ORC Discrete Palis force
	There are two types of transportation	unit. For example, a 'roundtrip' is	AAA, as authorized by a	(bus, train,	way trip	persons count –	 Disaster Relief as
	services:	equal to two units of service.	care coordinator	etc.)		Intake	approved by HHSC
	Demand or Response: Transportation		Authorized through Data	 Variable Unit 			State General Revenue
	designed to carry an older person from		Management if	Rate –		LBB	
	a specific origin to a specific destination		requirements are met	(reference		Key Performance	
	upon request. An older person requests	f	(Reference AAA-PI 312	state mileage		Measure	
	the transportation service in advance of		Data Management Guide)	•		Number of Units	
	their need, usually twenty-four to forty-		<u> </u>			(Limited to	
	eight hours prior to the trip.					Transportation	
	• Fixed Route: Transportation service					Demand/Response	
	that operates in a predetermined route					Only)	
	that has permanent transit stops, which					,,,	
	are clearly marked with route numbers						
	and departure schedules. The fixed-						
l	route does not vary and the provider						
	strives to reach each transit stop at the						
	scheduled time. The older person does not reserve a ride as in a demand-						
	response system; the person simply						
	goes to the designated location and at						
	the designated time to gain access to						
	the transit system.						
Transportation -	A service which allows an eligible person	One, one-way trip	Only authorized by a care	• Cost	SPR	QPR	Title III-B
Voucher	to choose an individual or commercial		coordinator	Reimbursement	"Self-Directed	• Units	Title III-E
	private or non-profit transportation	Note: Each one-way trip from one	coordinator		Care"	Unduplicated	Title III-E ORC
	provider. The rate and transportation	location to another counts as a			• Units – One, one-	persons count -	Disaster Relief as
	schedule are negotiated with the	unit. For example, a 'roundtrip' is			·	Intake	approved by HHSC
	provider by the eligible person. Service	equal to two units of service.			way trip	intake	
	activity includes taking an eligible						State General Revenue
	person from one location to another.						
	Does not include any other activity.						
Visiting	Meeting in-person with an older person	One Contact	By a subrecipient of the	• Cost	NA	QPR	Title III-B
	to provide regular contact and		AAA	Reimbursement		• Units	• Title III-E
	companionship and to initiate		By a contractor of the			 Unduplicated 	Title III-E ORC
	appropriate action should the older		AAA, as authorized by a			persons count -	Disaster Relief as
	person not respond.		care coordinator			Intake	approved by HHSC
			care coordinator				State General Revenue

Notes:

- 1. All supportive, nutrition and in-home services require approval from HHSC to provide directly, except the following:
 - a. Case Management (Care Coordination and Caregiver Support Coordination);
 - b. Information and Assistance (Information, Referral and Assistance and Caregiver Information Services);
 - c. Services directly related to the AAA's administrative functions (Area Agency Administration, Data Management, and Instruction and Training);
 - d. Outreach (Legal Awareness, Outreach and Public Information Services); and
 - e. Other: Legal Assistance (can be provided directly by a certified benefits counselor) and Ombudsman (can be provided directly by a certified ombudsman).
- 2. The information in the 'Method of Service Provision' column is not intended to limit the AAA's authority to determine its relationship with a service provider.

ⁱ SPR means State Program Report

ii OAA means Older Americans Act

iii QPR means Quarterly Performance Report

iv LBB means Legislative Budget Board

^v AAAPPM means Area Agency on Aging Policies and Procedures Manual

vi ORC means Older Relative Caregivers

vii EAP means Elder Abuse Prevention Program

viii HICAP means Health Information, Counseling, and Advocacy Program

ix MIPPA means Medicare Improvements for Patients and Providers Act

^x OM means Ombudsman

xi OMB ALF means Ombudsman Assisted Living Facility